

Eyes on the Prize
Philippians 3:12-4:1
The Church at Philippi
Nate Marsh—March 22, 2026

The Christian life isn't a sprint; it's a race of endurance.

Philippians 3:12

1. KEEP _____.

Philippians 3:13

2. KEEP RELEASING THE _____.

- Past Failures or Regrets.

Your past may explain where you've been, but it doesn't have to define where you're going.

- Past Successes.

3. KEEP YOUR EYES ON THE _____.

Philippians 3:14-21

Philippians 4:1

MY NEXT STEP:

Release Something from the Past.

1. Write it down and give it to God in prayer.
2. If possible, pursue reconciliation.
3. Choose to forgive.

Questions for Further Study

1. In Philippians 3:12, Paul says he has not “arrived.” Why do you think it was important for Paul to admit that he was still growing?
2. What do you think the difference is between trying to look spiritually impressive and genuinely pursuing Jesus?
3. Why do you think looking backward too much can slow someone down in their spiritual journey?
4. According to Philippians 3:14, Paul says there is a prize ahead. How would you describe that prize in your own words?
5. Paul encourages believers to follow godly examples. Who in your life is, or has been, a spiritual example to you?
6. When people feel spiritually tired or discouraged, what are some ways they can keep moving forward in faith?