

Follow Your Heart

The Bible Doesn't Say That | Week 2

Nate Marsh | September 20, 2026

Jeremiah 17:9 (NLT)

John 8:31–32

1. _____ Fool Us.

Mature faith does not require us to ignore our feelings. It requires us to examine them.

Your feelings deserve attention, but they do not deserve final authority.



2. _____ Follows God's Wisdom.

Proverbs 3:5–6

Culture says: "Trust your heart."

Scripture says: "Trust in the LORD with all your heart."

Solomon says, "Lean not on your own understanding."

God's will never contradict God's Word.

3. _____ God Forms Our Desires.

The goal is for our hearts to be so shaped by God that our desires increasingly reflect Him.

Luke 22:42

Questions for Further Study

1. Pastor Nate said, “Feelings are real, but they do not always interpret reality correctly.” Can you think of a time when something felt completely right—or completely wrong—but later you discovered your feelings were misleading you?
2. Read Proverbs 3:5–6. What is the difference between trusting God “with all your heart” and trusting your heart itself?
3. What safeguards can help us distinguish between God’s direction and our own desires? Consider Scripture, prayer, circumstances, and wise Christian counsel. Which of these do you tend to rely on most? Which do you neglect?
4. Read Romans 12:2. What does Paul say must happen before we can discern God’s will? How does the renewing of the mind help guard us from simply following our feelings?
5. Read Romans 7:15–25. What does Paul’s struggle teach us about the fact that sincerely wanting something does not automatically make it right?